



Temptation of Christ by Brother Blair Nuyda, A.A.

*Today's Lenten reflection is written by Brother Hugo Morales, A.A.,
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This Sunday is the first Sunday of Lent, a liturgical season where we are invited to turn our hearts to God as we prepare to experience the Easter Vigil in an authentic way. For this reason, the reading from the Gospel of St. Mark mentions that the Spirit led Jesus into the desert where he remained for forty days and was tempted by the devil.

From this biblical context, what does the word “desert” mean as a hermeneutical key for the beginning of Lent? This word has several interpretations, among them, I would like to emphasize its meaning as a trial in order to strengthen our Christian life during this significant time of Lent.

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