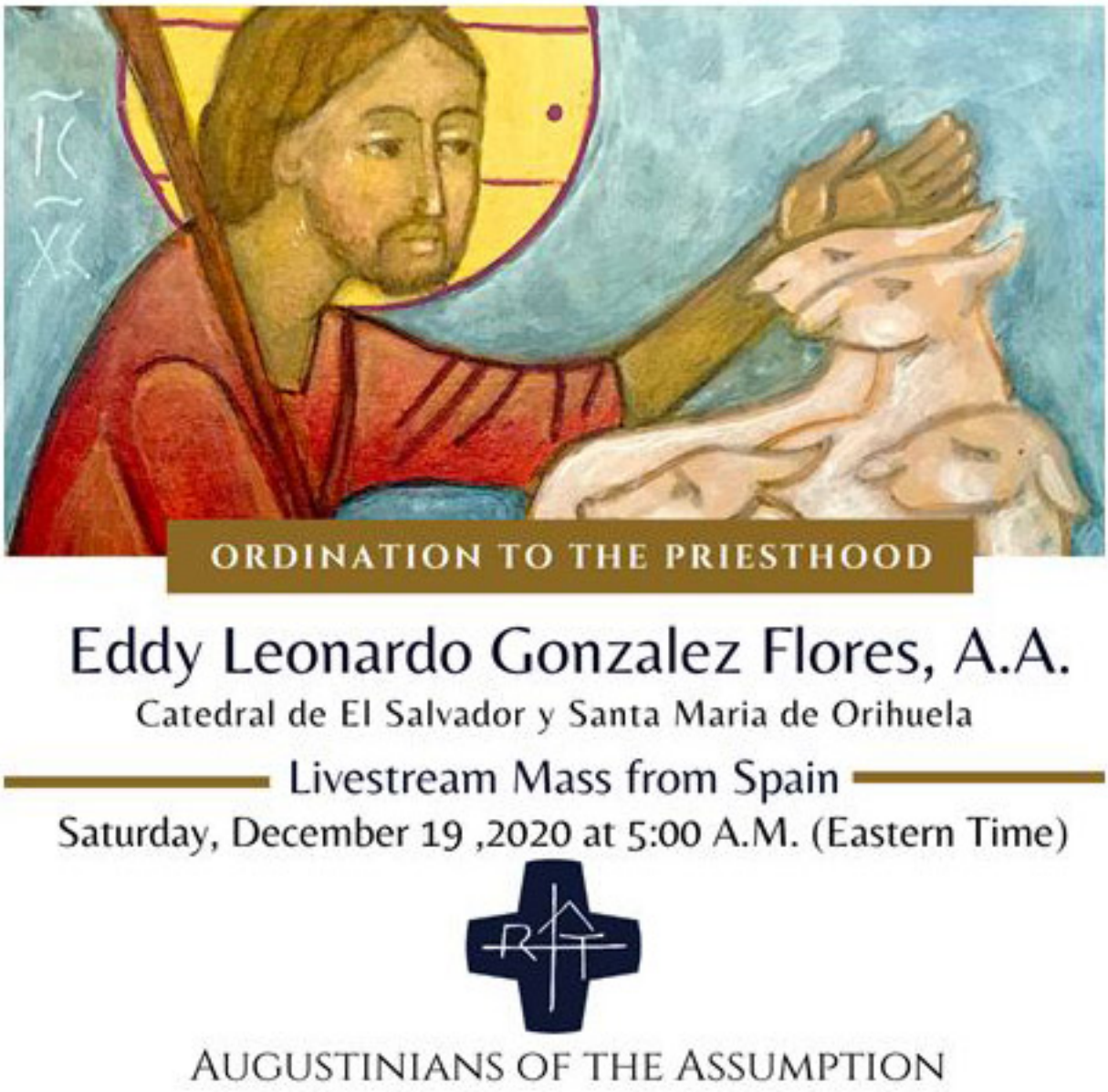

https://youtube.com/channel/UC9xneokv7SSzoKpAJNvtIRA