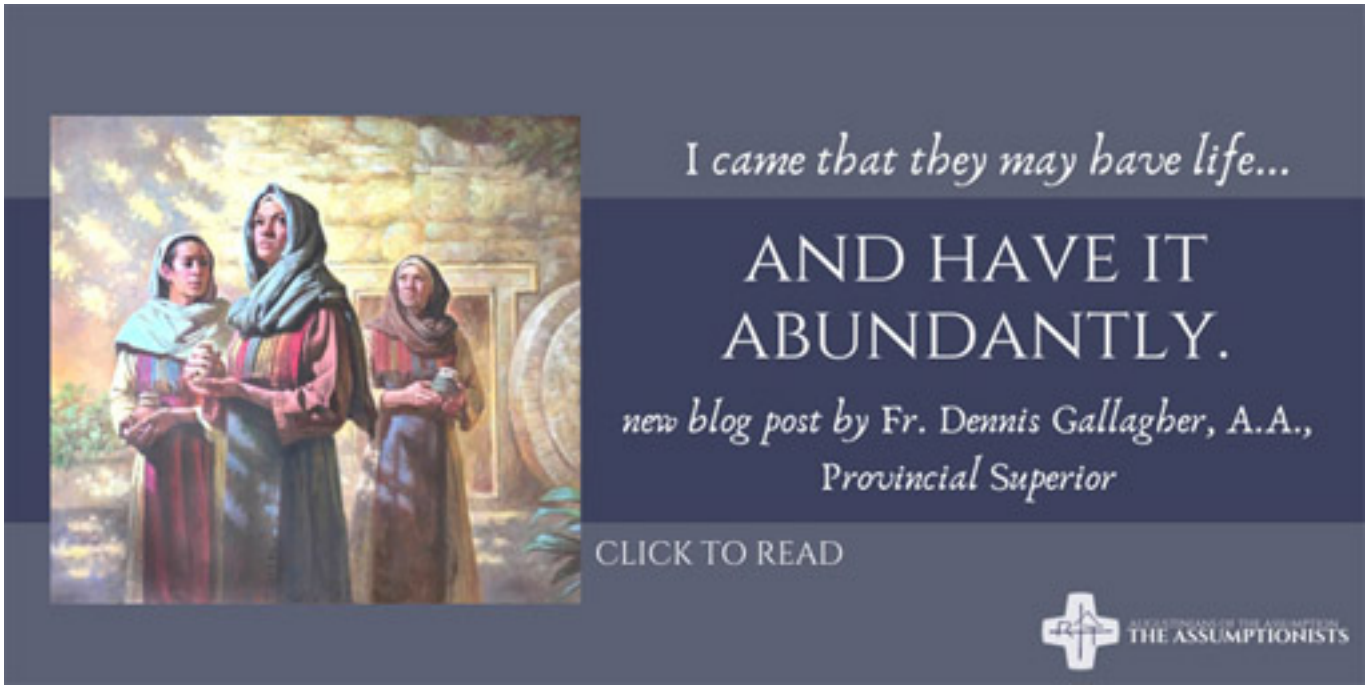

I'm sure we are not all control freaks, but the inclination to want to have control over things is alive and well in most of us. This is what makes a pandemic regime so difficult, where large swaths of our lives have fallen out of our careful management and uncertainties abound. To the surprise and bemusement of my housemates here in Brighton, I vociferously gave voice to my feelings at dinner last week, **"I HATE THIS**!"

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