

## **CONTEMPLATION**

Contemplation is an essential and permanent trait of Mary. At the birth of Jesus, when the shepherd spoke and narrated all that had been said to them about “the Child,” Mary carefully kept all these words and meditated them in her heart.

The Magnificat is an obvious fruit of Mary’s contemplative spirit. When we want to penetrate into the prayerful soul of Our Lady, let us meditate the Magnificat. It is the song of gratitude, of joy, of praise of Mary, “the poor one.” All throughout the history of salvation, Mary, in deep contemplation, celebrates the fidelity of God towards his servant Israel and the marvels accomplished in his poverty as servant.

In Mary, contemplation is the work of the Holy Spirit who, in her, brought the Word of God to life. From the serene depths of this contemplation, Mary simultaneously perceives the presence of God in her and the imperatives of serving her brethren. “Mary left in haste...”

## **Prayer**

Blessed are you, Father of Our Lord Jesus Sun and victorious light, You come to Christ In Him, the rising visit us. Grant us to recognize your coming, and with Mary, we shall exalt on this day and forever and ever.